

All New Students **MUST READ**

This packet contains vital information for your child
and includes details concerning:

Dismissal and Pick-up

Child Care

Required Documentation

Discipline

Billing

National Karate Schools

Sanctifying Christians through the Martial Arts

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1. Mission Statement:

“The martial arts program at Schaumburg Christian School exists to train Christian leaders to protect their bodies from harm and their spirits from sin by bringing their minds, bodies, and spirits into conformity to God.”

2. Values:

A Christian cannot glorify God merely by disciplining the body. To be genuinely conformed to the image of Christ, the *whole* person (mind, body, & spirit) must become subjected to Him. Therefore, the earmarks of true spiritual success will be evidenced by **love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control** in the student. The following values are a practical application of the *Fruits of the Spirit* in the book of Galatians. These are memorized by every student.

1. I will **love** my friends and enemies, seeking only their best interest.
2. I will be **joyful** whether I win or lose.
3. I will take the **peaceful** way out of a conflict in **patience** and **kindness**.
4. I will be a **righteous** student and friend.
5. I will remain **faithful** to God and trust Him in every situation.
6. I will be **gentle** and **control the power** God has entrusted me with.
7. I will **do all to the glory of God**.

3. Curriculum:

1. The martial arts curriculum taught by the National Karate Schools is an Americanized form of Karate, Tae Kwon Do and Kickboxing.
2. The Bible based Christian Leadership curriculum of the Schaumburg Christian Schools martial arts program was developed by Mr. Aaron Brewster.

4. Ages

2nd Grade and older

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5. Schedule of Classes:

Two Classes a Week:

White-Orange Belts: Mondays & Thursdays from 3:15pm-4:00pm

Green-Black Belts: Tuesdays & Fridays from 3:15pm-4:00pm

Students may sign up for additional classes. Parents may also enroll.

~Forty-five Weeks a Year: No classes the week of Thanksgiving, Christmas, Spring Break, on major holidays (e.g.: New Years & Good Friday), and special events (e.g.: spring break, school closings, etc.).

Additional classes or substitution classes may be added at the full time National Karate School located at 802 E. Nerge Road in Roselle which is about 10 minutes from SCS. Ask Instructor for details.

6. Tuition & Billing:

Tuition:

1 st Semester (September – December).....	\$200
2 nd Semester (January – May).....	\$200
Full Year.....	\$400

Family Discount - Two or More Sibling Students (10% Discount)

1st Semester (September – December) \$180 each

2nd Semester (January – May) \$180 each

Full Year (September – May)\$360 each

Fees:

Exam Fees and Belts \$40

**Students test for a new belt every 2-4 months. Exams will be held at the National Karate School on a Saturday so that parents and family can come and watch the promotion.*

White Uniform \$37

**Please purchase your uniform from your National Karate Instructor*

Sparring Gear, Weapons, Equipment, and Merchandise are sold separately

Billing:

Tuition is due at the beginning of each trimester. Tuition will be paid to Schaumburg Christian School with the regular school tuition.

Tuition must be paid in full before students may attend (unless certain provisions have been made by the Head Instructor).

After the student's second class, tuition is non-refundable.

7. Dress Code: (All students will train with bare feet or socks)

All Belts: White gi & belt is *required* to participate in class

**The exception is that students returning from the previous year who still fit in their black gi can wear that gi until they grow out of it.*

8. Conduct & Discipline:

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Conduct: All students must demonstrate an obvious possession of the Fruit of the Spirit. Not everybody will display all the Fruits all the time (or express them in the same ways) but Christians must show a willingness to submit to God and a desire to become more like Him.

Discipline:

Minor Infractions: Arriving late to class, not following dress code, inattentiveness to commands, and mild horse-play are examples of infractions that would result in exercise as a form of discipline (including jumping jacks, crunches, push-ups, and running laps).

Major Infractions: Disrespectfulness, a fighting/dominating spirit, and a lack (or apparent absence) of the Fruit of the Spirit are examples of infractions that would result in suspension from class and/or denied reenrollment. Grade point averages and demerit/conduct report records may also be considered.

Participation: Students will not be allowed to participate in class if—

- **The Consent and Release Form has not been signed.**
- **Their tuition is not paid in full at the beginning of the Trimester.**
- **They do not have their full gi.**
- **They have consistently exhibited behavior unbecoming of a Christian.**

9. Helpful Suggestions:

1. Store your gi and belt in a separate bag. Many students try to keep their uniform in their backpack with their school supplies. This causes a number of problems: 1. It is difficult to find school supplies when searching around a uniform and belt. 2. The gi usually gets very wrinkled. 3. It is very easy to lose the gi or belt during school (or school supplies during Ninjutsu). 4. It creates less of a mess in the locker room and helps the students change faster when they don't have to unpack the majority of their school supplies to change.

2. Plan on staying with Martial Arts for at least a year. There is wisdom in trying out a new sport for part of a semester to see if you like it, but the martial arts is more than a sport. Martial Arts is year-round training ground for martial artists with real-world spiritual application. It's been said that you don't truly start studying the martial arts until you receive your black belt. This is 100% true. Martial Arts with National Karate is completely unlike anything you've ever experienced. Staying with the program for at least a year will give you the information and experience you need to make a wise decision as to your future involvement.

10. Dismissal/Pickup/Child Care:

From School to Martial Arts:

Students are dismissed from their school classroom at 3:00 P.M. They change into their in the locker rooms of the Life Center Gym. From there, one of the instructors escorts them to the Martial Arts Room. Class starts at 3:15 P.M.

Dismissal:

2nd – 6th Graders: If you plan to pick up your child after Martial Arts, you must collect them from the Family Life Center between 4:00 and 4:15 P.M. After that, a Child Care worker will escort the remaining children to Child Care.

7th – 12th Graders: At 4:00 P.M. these students will be dismissed from class. They are not allowed to remain on the Bethel Baptist Church campus without adult supervision. They will be instructed to go immediately to their pick-up lot. If you are unable to

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retrieve them at that time, please make alternate arrangements (e.g.: going to the library).

Child Care:

Students who go to Child Care after Martial Arts will have to pay all appropriate Child Care Program fees.

If your child does not go to Child Care because you pick them up between 4:00 and 4:15 P.M., and you are *not enrolled in a Plan*, you will not be charged for Child Care that day.

Students enrolled in a Child Care Plan will pay the same fees regardless of whether they attended Child Care or not. Both Martial Arts and Child Care provide quality supervision and training at a fraction of the cost of secular Day Care and Martial Art Schools.

Siblings:

If your child has a sibling *not* enrolled in Martial Arts (or enrolled in a class that meets on a different day), that child must be picked up after school or go directly to Child Care.

This is for two reasons: 1. Students are not allowed to be on campus without adult supervision, and 2. a proper atmosphere for training cannot be achieved if the instructor must supervise children not participating in class.

A Supervised Student: A student wearing a Martial Arts gi and actively participating in class.

11. Frequently Asked Questions:

Is National Karate on the web?

Yes! Tons of valuable information can be found at www.chicagonk.com

You can also find us on Facebook. <https://www.facebook.com/pages/Elk-Grove-National-Karate/> Make sure you “like” us, watch our videos, check out the pictures, join our discussions, and leave a comment or two.

What part do Asian religions play in the Martial Arts?

Many Christians are concerned about involving themselves in martial arts because they so often seem to be intrinsically tied to Asian religions. The Martial Arts began in the ancient Far East in countries like China, Korea and Japan. In those days they did not vote for a new ruler or emperor like we vote for a new president. The new ruler would take control of the country by military force. And then, once in power, the new ruler would take away all the weapons from the people so that the people could not rise up and fight the ruler. This way the ruler could stay in power and not have to worry about being replaced with a new ruler.

One of the problems with taking away the weapons from the people is that it made them very vulnerable to bandits. Most of the peasants were farmers, and they would take their rice or crops to the nearest city to sell in the market. When they would return home, bandits would attack them and steal their money.

So the people needed to find a way to defend themselves without weapons. They needed to learn to defend themselves with their bare hands and feet. Thus the Martial Arts were born. The word Karate means “open hand”, which means a person has no weapons in their hand. They are defending themselves

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without weapons. The term Tae Kwon Do, means “way of the hand and the foot”, which again implies fighting with the hands and feet – not with weapons.

After hundreds of years the Martial Arts developed into sports. Just as we think of Baseball as an American sport, Karate became an important sport in Japan and Tae Kwon Do became the national sport of Korea.

Many years later, some Buddhist monks would try to combine their religion with the martial arts when they went on missionary journeys. This is why many martial arts schools today will try to teach their students Eastern Mysticism and Meditation when they teach the martial arts. However, the original sports of Karate and Tae Kwon Do did not have any religious associations at all. As Christians we need to be careful of being lead into false religions, “Dear friends, do not believe every spirit, but test the spirits to see whether they are from God, because many false prophets have gone out into the World.” 1 John 4:1-3

The National Karate Schools will teach the Martial Arts of **Karate** and **Tae Kwon Do** as they were originally developed, as a sport. And since the owner of the National Karate Schools is a Christian, the schools are able to tie in Biblical principals into their training program.

How do Christians justify learning to fight?

In Luke 6:29 Christians are told, “And unto him that smiteth thee on the one cheek offer also the other.” But this can seem confusing when one reads about the numerous times God sent His people into war. In Matthew 26:52 Peter is told to put his sword away because whoever takes up the sword would also die by the sword. On the other hand, we see Jesus telling his disciples, “whoever has a money belt is to take it along, likewise also a bag, and whoever has no sword is to sell his coat and buy one.”

The first step is to realize that there is never a discrepancy or disagreement in the Scripture. Therefore both extremes must have a proper place. Let us look primarily at the two Luke passages (which are both direct quotes from Jesus Christ) and consider some others. Luke 6:29 is the “turn the other cheek passage” and in Luke 22:36 Jesus tells his disciples to purchase a sword. Here are some core principles to be derived:

1. Love is the ultimate gift we can give to others. National Karate teaches its students to “take the peaceful way out of a conflict in patience and kindness.” If walking away ends the confrontation then it should be done even if you have already been “smitten.”
2. The Scriptures often make a distinction between warring and being persecuted. Persecution in the Bible is almost always due to one’s beliefs. You are considered blessed when you are persecuted for your righteousness. On the other hand, defending oneself in wartime is expected. It may also be mentioned that the 6th commandment is a prohibition against murdering an innocent party in cold blood. Justly taking a life is never *condemned* in either Testament.
3. Self defense falls into the same category as war. Jesus did not tell His disciples to take a sword with them to shave or do their cooking. In fact He told them it would be worth selling some of their clothes in order to protect themselves.
4. Therefore our first recourse should be to end a confrontation before exchanging blows. First, it is the loving, peaceful thing to do. Second, we know that wisdom warns against

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fighting since those who fight may likely die by fighting. But in a situation where peaceful negotiations are not an option, it is clear from Scripture that defending oneself (sometimes to the death) is often a Christ-honoring choice.

Who are the National Karate Schools?

National Karate is considered the largest and most prestigious martial arts organization in the Midwest. With a reputation for being family friendly while producing quality martial artists and confident people, NK has earned respect throughout the nation. The National Karate Schools in Illinois are a faith based organization who have had a good relationship with Schaumburg Christian School for several years with some staff being SCS alumni.

All NK instructors are certified Black Belts and graduates of the Instructor Degree program who are committed to excellence, and promise to provide the best Martial Arts training available anywhere. For more information about the National Karate Schools visit www.chicagonk.com/nk/nk-history-traditions/

What style is taught by the National Karate Schaumburg Christian School martial arts class?

National Karate is an "Americanized" form of Karate and Tae Kwon Do. (Think Chuck Norris!) "Americanized" means that instead of teaching just one style, we are open to teaching the best aspects of other styles of martial arts in our quest to give our students the best self-defense training available.

For instance, Judo has the best throws and take downs, so in addition to teaching Karate and Tae Kwon Do, we will also teach our students the best moves that Judo has to offer. And Boxing has the best punching techniques, so we will teach our students how to throw jabs, punches and hooks and other boxing techniques. We can also teach our students the best techniques from Aikido, Kickboxing, Kendo, Weapon defense etc. It never gets boring, that's for sure!

Our program also incorporates state of the art physical fitness training techniques so that while you are learning to defend yourself, you are also getting into the kind of physical condition you have always wanted.

What is your philosophy about teaching children?

Our children's program is designed to be more than just a recreation program. Our mission is to better prepare our children for the future by teaching them life skills that will help them to be achievers and people of character. Self-discipline, confidence, work ethic, integrity are just a few of the qualities that our young people develop. In addition, we teach our kids "stranger danger" self defense to protect them from child abductions.

12. Release Waiver Required:

Every student **must** sign and return the *Consent and Release Form* in order to participate in martial arts class.